
Namastè, I'm Zina...

Posted by Zina - 2008/06/07 19:48

...and I'm relatively new to the tradition of Yoga - not to the philosophy which has been central to my family for all their life.

What to tell? Mum. Daugher. Sister. Friend. Student. In that order? Maybe... Time will tell. I trust in time. Only, I guess...

Who Am I? Me. Infinite.

Let go. Stay.

AaaaaaaOoooooUuuuuhmmmm shantiiiiii og soltanker B)

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Re:Namastè, I'm Zina...

Posted by Manatosh - 2008/06/17 18:45

brava Zina! :cheer:

Perhaps I will go to the yoga festival in Sweden!

Actually, I will be already in Sweden in that period for a a seminar for yoga teacher, so it seems a good coicidence!

Namastè!

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